**Health Order: The Public Must Wear Facial Coverings (Masks)**

**Spanish**

<https://socoemergency.org/orden-de-la-oficial-de-salud-estipula-que-los-miembros-del-publico-deben-usar-una-cobertura-facial/>

**FAILURE TO WEAR A MASK IS BREAKING THE LAW. IT CAN BE PUNISHABLE BY FINE, IMPRISONMENT, OR BOTH.**

**What is the new Health Order about masks?**

You must wear masks before you:

* Go to indoor place besides your home. Examples: grocery stores, laundromats, work offices, post office.
* Go toany outdoor work sites, construction sites, taxis/rideshares, or buses.
* When outdoors if you can’t stay a six-foot away from another person at all times. Examples: Farmer’s market, pumping gas, drive thru restaurants, carry out food pickup, etc.

**Remember**: You should remain home except for important reasons. You must use social and physical distancing of six feet when outside of your home.

**How do masks prevent the spread of COVID-19?**

* Masks may reduce the risk of spreading the virus to others. Someone with COVID-19 can give the disease to others even if they don’t have signs of the disease.
* Wearing a mask helps you not give the disease to others. You may not know you are sick.
* Wearing a mask by everyone can help slow the overall spread of the virus. It keeps our community safer.

**What is a face covering (mask)?**

A cloth face covering is a material that covers the nose and mouth. You can use bandana, a scarf, t-shirt, or any cotton cloth.

**Do I have to buy a mask?**

* No. The mask can be made using common household items, can be sewn by hand, or could be as simple as a bandana, scarf or cloth napkin. See our how-to section **No Sew Face Masks.**
* It can be tied to your head with ties or straps or simply wrapped around the lower part of the face.
* Homemade masks can be made of many materials, such as cotton, denim, silk, or linen.

**What is the right way to use a cloth face covering mask?**

When you use a cloth face coverings or homemade masks should be:

* + Worn only by one person.
	+ Cover the mouth and nose completely.
	+ Include multiple layers of fabric.
	+ Fit the mask so you don’t need to adjustment it. You should practice hand washing before and after touching and adjusting the mask.
	+ Wash the mask after each use. Wash your hands after putting it back on and avoid touching your face if you must re-wear your mask before washing during the day.
	+ Throw it away if it no longer covers the nose and mouth, if it is stretched out or damaged and cannot stay on the face or has holes/tears in the fabric.

**Who should NOT wear a face covering mask?**

* Children under the age of 2
* Anyone who has trouble breathing, or is unconscious
* Anyone who is unable to remove the mask without help.

**Should children wear face covering mask?**

* Children over the age of 2 should wear a face covering. Please do not place a face covering on children under the age of 2.

**When do I NOT need to wear a face covering mask?**

* You do not need a mask when you go for a run or walk in your neighborhood. You should bring a mask so if talk to other people and cannot keep a six foot distance at all times.
* At home.